BREAKFAST ANYTIME!

We are happy to prepare a yolk-free entrée for an additional .75

OMELETS

OUR THREE EGG OMELETS ARE SERVED WITH A BREAKFAST SIDE **and** a choice of **bread***

FARMER'S

Tomatoes, broccoli, mushrooms & cheddar cheese 8.75

MEXICAN

Sausage, onions, jack cheese, avocado & salsa 9.75

Fresh spinach, feta cheese, black olives & tomatoes 8.75

LOX & CREAM CHEESE

Smoked salmon, cream cheese, scallions & tomatoes 10.25

CUSTOM 4

Sour Cream

Swiss

Your choice of four items from

the list below 8.75

Your choice of two items from the list below 7.95

> Broccoli **Green Peppers**

Fresh Jalapenos

Kalamata Olives

Sautéed Mushrooms

CUSTOM 2

American Bacon Cheddar Ham Cream Cheese Sausage Feta Soy Sausage Jack Turkey Sausage Mixed Cheddar/Jack **Turkey Bacon** Provolone

Shrimp Lox Avocado add .75 Tomatoes

Grilled Onions Salsa Scallions add 2.50 add 3.25 Fresh Spinach



FAVORITES

EGGS ALL THE WAY#

Two eggs any style*, choice of a breakfast side, choice of a breakfast meat, & choice of bread 7.50

- With three eggs 8.00

BISCUITS & GRAVY

Two eggs any style*, a biscuit topped with our sausage gravy, choice of a breakfast side & choice of a

breakfast meat 8.75

HUEVOS RANCHEROS SPICY!

A flour tortilla topped with a choice of MILD or SPICY red sauce, black beans, mixed cheddar/jack cheese, scrambled eggs*, diced tomatoes, scallions & a breakfast side 7.25

SANTA FE BREAKFAST BOWL

Homemade cornmeal fritters topped with black beans, seasoned sweet potatoes, spicy red sauce, two scrambled eggs, feta cheese, sliced fresh avocado, diced tomatoes and garnished with fresh cilantro and canteloupe. 8.50

Add our homemade soy sausage for an additional 1.50

QUICHE OF THE DAY SEE OUR BOARDS

Homemade! A fifth of a pie served with a breakfast side & choice of bread. 8.25

EGGS & PANCAKES OR WAFFLE*

Two eggs any style*, choice of a breakfast meat or breakfast side-

Three Plain Pancakes or a Plain Waffle 8.35 -Two Plain Pancakes 7.75

SALMON CAKE & EGGS

Two eggs any style *& one salmon cake topped with scallions & diced tomatoes. Served with a side of dill sauce, grits, a biscuit & a garnish of fruit 9.25

LOX AND BAGEL SANDWICH

Two and one half ounces of smoked salmon & cream cheese on a toasted bagel with lettuce, tomato, cucumbers, red onions, kalamata olives and capers. Served with a breakfast side 9.95

EGGS & CORNED BEEF MELT

Home baked corned beef shaved & grilled served open faced on toasted rye with melted Swiss, our creamy horseradish sauce, diced tomatoes & two eggs any style*. Served with a breakfast side 8.30

ORANGE BLUEBERRY FRENCH TOAST

Three slices of thick Italian bread dipped in our own batter with fresh oranges, topped with warm homemade blueberry compote, powdered sugar and whipped cream 8.50 Without the blueberry compote 6.95

Breakfast Sides 2.35

Applesauce, unsweetened Warm Cinnamon Apples French Fries, Seaoned Fresh Fruit Cup, Add 1.00 Grits w/ margarine Home Fries, Seasoned Cup of Oatmeal with milk **Tomato Slices**

Breakfast Breads 2.00

Buttermilk Biscuit w/margarine White Toast w/margarine Wheat Toast w/margarine Sunflower Toast w/margarine Rye Toast w/margarine English Muffin Toasted, Dry Sourdough Toast w/margarine Gluten Free, Add 1.45 Bagel, Add .10 w/Cream Cheese, Add .70

Breakfast Meats 3.00

Bacon- 3 Strips Turkey Bacon-2 Thick Strips Sausage- 2 Patties Turkey Sausage- 3 Links Soy Sausage- 2 Patties Cured Ham Country Ham, Add 1.00

PANCAKES

Sausage Gravy

STACK OF	3	2
Plain	5.50	4.50
Banana	7.50	6.00
Blueberry	7.50	6.00
Warm Blueberry Compote Topping	7.50	6.00
Chocolate Chip	7.50	6.00
Pecan	7.50	6.00

Our batter is made from scratch!	
Plain and a side of Soy Sausage	<u>7.50</u>
Pecans with whipped cream	7.25
Blueberry Compote with whipped cream	7.25

Our products are prepared on surfaces that come into contact with shellfish, nuts, wheat, dairy and soy. onsuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illnes

STARTERS

BACON CHEESE FRIES

Crisp hot fries, melted mixed cheddar / jack cheese, spicy cheese sauce, **crumbled bacon**, sour cream

& scallions 7.75

- Without bacon 6.15
- Add veggie chili for dipping 1.50

CHIPS & SALSA A LITTLE SPICY!

Tasty corn chips with our homemade salsa 3.25

NACHOS SPICY!

Corn chips, black beans, melted mixed cheddar/jack cheese, warm spicy cheese sauce, lettuce, sour cream, fresh jalapenos, diced tomatoes & salsa 8.00 – Add fresh avocado slices 1.00

HUMMUS PLATTER A LITTLE SPICY!

A blend of chickpeas, tahini, lemon, olive oil, garlic & spices. Served with grilled pita bread, celery & carrot sticks 7.10

SOUPS

VEGETARIAN CHILI WITH BEANS SPICY!

CREAMY TOMATO WITH BASIL

SOUP OF THE DAY SEE OUR BOARDS!

Cup 3.20 Cup with entrée 2.50 Bowl 4.50 Bowl with entrée 3.50

COMBOS

SOUP & SALAD COMBO

A Bowl of soup, small Caesar Salad or House Salad, & bread 7.95

– With a cup of soup instead of a bowl 6.80

Sub a small Greek Salad or Spinach Salad for 1.45 more.

QUICHE OF THE DAY & SOUP OR SALAD

A slice of quiche and either a bowl of soup OR a small Caesar Salad or House Salad & bread 9.25

Sub a small Greek Salad or Spinach Salad for 1.45 more.

A SCOOP & SOUP SEE OUR BOARDS

Today's homemade salad (Chicken, Turkey, Tuna, Egg-They change!) Served on lettuce & sliced tomato with a cup of soup, grilled pita points, pickles & cole slaw for a garnish 8.00

CHOOSE FROM GRILLED PITA POINTS, GARLIC CHEESE BREAD, CORNBREAD OR A BISCUIT 2.00



SMALL SALADS

CAESAR or HOUSE 3.80
With entrée 3.00

SPINACH or GREEK 5.25

With entrée 4.25

Salad Dressings

Blue Cheese, Caesar, Creamy Chipotle, Dijon Vinaigrette, Greek, Honey Dijon Vinaigrette, Ranch, Fat-Free Ranch, 1000 Island, red wine Vinegar & Oil, Balsamic Vinegar, Extra Blue Cheese Dressing 1.00

Salad Additions

AVOCADO 1.00, BACON CRUMBLES 1.00, BLUE CRUMBLES 1.60
BROILED SALMON FILLET 5.25, GRILLED CHICKEN BREAST 2.25
SAUTÉED SHRIMP 5.00, SCOOP OF SALAD OF DAY 2.25
SUGARY PECANS 1.50

LARGE SALADS

GRILLED CHICKEN, CRANBERRY, FETA & SUGARY PECAN SALAD

Fresh greens, dried cranberries, purple cabbage, tossed in our homemade honey dijon vinaigrette then topped with feta crumbles, sugary roasted pecans and a grilled chicken breast 9.75

- With a marinated salmon fillet instead of chicken 12.00

VEGETARIAN TACO SALAD SPICY!

Fresh greens, black beans, diced tomatoes, mixed cheddar/jack cheese, jalapenos, sour cream & salsa, all surrounded by corn chips 8.25

- With sliced avocado 9.25

CHEF'S SALAD

Fresh greens, house roasted turkey breast, sliced ham, strips of Swiss & cheddar, diced tomatoes, homemade croutons, a boiled egg & choice of dressing 8.85

LARGE GREEK SALAD

Fresh greens, diced tomatoes, red onions, cucumbers, feta, pepperoncinis & kalamata olives topped with zesty Greek dressing 8.25

– With grilled chicken 10.50

SOUTHWEST CHICKEN SALAD SPICY!

Flour tortilla chips surrounding fresh greens, shredded purple cabbage, corn, black beans, red onion, sour cream & pico de gallo topped with a grilled chicken breast

& creamy chipotle cilantro dressing 9.95

-With shrimp instead of chicken 12.00

CHICKEN CAESAR SALAD

Crisp romaine, red onions & homemade croutons tossed in our creamy Caesar dressing & topped with

a grilled chicken breast 8.95

FISH FILLET CAESAR SALAD

Crisp romaine, red onions & homemade croutons tossed in our creamy Caesar dressing & topped with a marinated salmon fillet 11.35

LARGE SPINACH SALAD

Fresh spinach and red onion tossed in our honey Dijon vinaigrette, topped with diced tomatoes, raw mushrooms, a sliced boiled egg & your choice of crumbled bacon or pecans 8.50

- With grilled chicken 10.75

ADD AVOCADO TO ANY ORDER FOR 1.00

ADD GRILLED PITA POINTS, GARLIC CHEESE BREAD, CORNBREAD OR A BISCUIT 2.00

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SQUARE MEALS HOMESTYLE COOKIN'

MONDAY - FRIDAY: LUNCH & DINNER 11:30 A.M. UNTIL CLOSE SATURDAY & SUNDAY: DINNER ONLY 4:00 P.M. UNTIL CLOSE

MOM'S MEATLOAF

Our juicy meatloaf seasoned with peppers, onions and spices, topped with our tangy red sauce. Served with two sides & a choice of bread 9.25

- Double the meatloaf portion 13.25

GRILLED CHICKEN BREAST

A marinated chicken breast topped with Swiss cheese & sauteed mushrooms. Served with two sides & a choice of bread 9.95

SALMON CAKES

Two homemade salmon cakes topped with our creamy dill sauce, diced tomatoes & scallions. Served with two sides & a choice of bread 10.50

CHICKEN & DUMPLIN'S

A bubbling rich chicken broth with chunks of chicken, vegetables & dropped biscuit dough simmered until fluffy! Served with two sides & a choice of bread 9.25

FISH FILLET MEAL

Marinated, broiled salmon fillet served with two sides & a choice of bread. Ask your server about today's choice! 12.75

SHEPHERD'S PIE

A tasty mixture of ground beef, pork sausage, onions, peas, carrots and spices topped with cheesey mashed potatoes. Served with either two sides <u>OR</u> a small House Salad or Caesar Salad <u>&</u> a choice of bread 10.50

- With just Shepherd's Pie and bread 8.00

VEGETABLE PLATE

Choice of four sides from below & a choice of bread 8.25

SPAGHETTI with MEAT SAUCE

AVAILABLE ANYTIME!

We make our own with freshly ground beef, tomatoes, onions, peppers, red wine & spices! Served with a choice of bread & a small House Salad or Caesar Salad

- Small 7.95
- Large 10.00

HOMESTYLE TURKEY MEAL

House roasted sliced turkey breast served open-faced on sourdough toast, a side of mashed potatoes, both smothered with turkey gravy. Served with a choice of one side and our own orange & cranberry relish upon request 9.50

You may substitute a soup or salad for a side choice: Sub a cup of soup add .75, Small House or Caesar Salad add 1.50,

SUB A SMALL SPINACH SALAD OR GREEK SALAD ADD 2.50

Square Meal Sides

A la carte 2.35 ☆Marked items availible anytime!

Applesauce unsweetened
Baked Sweet Potato

☆Black Beans Spicy!

Broccoli Casserole

☆Cole Slaw

☆Seasoned French Fries

☆Fresh Broccoli

☆Fresh Fruit Cup, add 1.00

Green Beans

☆Mac & Cheese

Mexican Rice SPICY!

Rice

☆Seasoned Home Fries

Skin-on Mashed Potatoes

☆Sliced Tomatoes

Vegetable of the Day

☆Warm Cinnamon Apples

Bread Choices

A la carte 2.00

☆Biscuit ☆Cornbread

☆Garlic Cheese Bread

☆Grilled Pita Points



Available every day for Lunch & Dinner starting at 11:30AM!

These items are **SPICY!**

SMOTHERED CHICKEN BURRITO SPICY!

A flour tortilla filled with black beans, Mexican rice, tomatoes, red onion, and a diced grilled chicken breast, covered in MILD red sauce or SPICY red sauce, melted cheese, sour cream, scallions & diced tomatoes. Served with a side of Mexican rice 8.95

ENCHILADA DINNER SPICY!

See our chalk boards for today's choice!

Two corn tortillas filled with today's choice of filling, topped with our SPICY red sauce, melted cheese, sour cream, diced tomatoes, scallions & shredded lettuce. Served with Mexican rice, black beans and a side of homemade salsa 8.95

ADD AVOCADO TO ANY ENTRÉE 1.00

SWEET POTATO & BEAN BURRITOSPICY!

A flour tortilla filled with cilantro-sweet potatoes, black beans, fresh tomatoes and rice. Smothered with our MILD red or our SPICY red sauce then topped with melted cheese, sour cream, fresh jalapenos & diced tomatoes. Served with a side of Mexican rice 8.25

NACHOS SPICY!

Corn chips, black beans, melted mixed cheddar/jack cheese, warm spicy cheese sauce, lettuce, sour cream, fresh jalapenos, diced tomatoes, and salsa. 8.00

SANTA FE AVOCADO BOWL

Homemade cornmeal fritters topped with black beans, seasoned sweet potatoes, sauteed fresh spinach, our spicy red sauce, feta cheese, sliced fresh avocado, and diced tomatoes. 8.25

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Just for Kids 12 & UNDER

Breakfast

Kid Egg, Toast, & Meat

One egg served scrambled, one slice of toast, and 1 strip of bacon or 1 turkey sausage link (substitute 1 soy sausage for an extra .45) 3.50

Oatmeal or Cold Cereal & Milk

Chex Cereal (gluten free), Cheerios, Raisin Bran or Special K served with whole or skim milk

Small 2.50 Large 3.50

Kid Orange French Toast Combo

One piece of thickly sliced Italian bread dipped in orange batter, grilled, then dusted with powdered sugar (add warm blueberry compote at no additional charge) Served with one scrambled egg and 1 strip of bacon or 1 turkey sausage link (subsitute one soy sausage for an extra .45) 4.40

- Two slices 6.20

Pancake Combo

One plain, blueberry, banana, chocolate chip, or pecan pancake served with one scrambled eggs, and 1 strip of bacon or 1 turkey sausage link (substitute one soy sausage for an extra .45) 4.50

Kid Sides

Bacon-1 Strip	1.00
Turkey Link-1 Link	1.00
Sausage Patty-1 Patty	1.45
Turkey Bacon-1 Strip	1.45
Soy Patty-1 Patty	1.45
Fruit cup	3.00
Toast-1 Piece	1.00
Seasoned French Fries	1.65
Applesauce	1.65
Cinnamon Apples	2.35

Pasta Anytime!

Kid Spaghetti with meat sauce
Pasta with our own meaty marinara sauce 4.25

Noodles & Cheese

Spaghetti noodles served plain with grated parmesan on the side 2.25

Mac & Cheese

Elmo's homemade macaroni & cheese. A larger portion than our regular side dish with elbows and cheddar 3.20

Sandwiches Anytime!

All burgers and sandwiches are served with choice of small seasoned fries, carrot sticks, applesauce, raisins or any available side from our Square Meals section

Kid Burgers*

Choose a kid size beef, turkey or our own vegan patty (spicy!) Served on a plain bun with pickles 3.75
- With American cheese 4.00

Kid Grilled Cheese or Ouesadilla

Two slices of American cheese on grilled white bread (wheat, sunflower, sourdough or rye available upon request and you may have a different cheese) 3.65

Kid Dog

A 100% beef, natural hot dog! No antibiotics, hormones, nitrites, nitrates, preservatives or artificial ingredients! Served on a plain bun 3.95

Kid Vegetable Meal

Pick three side choices from the Square Meals side choices OR pick two sides and then pick a bread choice. Excludes soup and salad subs. Upcharge for fruit cup applies. 5.20

Kid GRILLED Chicken Breast

A sliced marinated grilled chicken breast served with honey mustard. Served with choice of small fries, carrot sticks, applesauce, raisins, or any available side from our Square Meals section. Excludes soup and salad subs. Upcharge for fruit cup applies. 4.35

BEVERAGES Free refills on fountain sodas, coffee, & iced tea

COFFEE ORGANIC	
Roasted by Counter Culture	2.20
SODA	
Coke, Diet Coke, Dr. Pepper	
Sprite, Fanta Orange	2.30
ICED TEA	
Freshly brewed sweet or regular	2.30
HOT TEA	
Regular or decaffeinated black tea	2.20
HERB & SPECIALTY TEAS	
Ask your server or see our list	2.30
SHAKES Chocolate, Vanilla or Strawberry	4.40
OREO, Coffee, Orange, Peppermint, Banana	4.85
MALTS Chocolate, Vanilla or Strawberry	4.70
OREO, Coffee, Peanut Butter	5.25
I.B.C. ROOT BEER	2.50
PERRIER SPARKLING WATER	2.40

 HOT CHOCOLATE with whipped cream
 2.40

 JUICE Orange, Apple, Grapefruit, Tomato or Cranberry
 10 oz • 1.80
 14 oz • 2.50
 22 oz • 3.75

 MILK
 10 oz • 1.45
 14 oz • 2.00
 22 oz • 3.10

 CHOCOLATE MILK 10 oz • 1.65
 14 oz • 2..25 22 oz • 3.35

FRESH LEMONADE & ORANGEADE REFILLS \$1

10 oz • 1.55 **14 oz •** 2.35 **22 oz •** 3.25



ASK ABOUT OTHER FLAVORS!

FRESHLY Squeezed!

NO HIGH FRUCTOSE CORN SYRUP!



BURGERS

You decide! A third of a pound of Seasoned 100% USDA **Beef**, a seasoned **Turkey** burger <u>or</u> our homemade **Vegan** burger. Served on a toasted bun and garnished with slaw and pickles. Served with seasoned french fries or any available side from our Square Meals section.

BASIC BURGER*

Served with lettuce, tomato, red onion & mayo 7.25

BACON CHEESEBURGER*

A burger with your choice of melted American, Swiss, cheddar, jack or provolone cheese with lettuce, tomato, red onion & mayo 8.75

BLUE CHEESE BURGER*

A burger with lettuce, tomato, red onion & mayo with real blue cheese crumbles 8.85

BACON CHIPOTLE BURGER*

A burger topped with bacon, our firecracker chipotle sauce, lettuce, tomato & red onion 8.75

THE GREEK BURGER*

A burger topped with feta cheese, fresh spinach, caramelized onions, sliced cucumber & our own oregano sauce 8.75

THE ELMO BURGER*

A burger topped with cheddar, sautéed fresh mushrooms, grilled onions, lettuce, tomatoes & mayo 8.50

- Add bacon or turkey bacon 9.50

VEGAN BURGER WITH VEGAN CHILI SPICY!

Our own vegan patty recipe with beans, carrots, potatoes, mushrooms, cilantro & spices! (contains wheat) Topped with our vegan chili with beans, lettuce, tomato, and red onion 7.75

AVOCADO, JACK & PICO BURGER*

A burger topped with melted jack, sliced avocado, lettuce & pico de gallo 9.25

LATE BREAKFAST BURGER*

A burger topped with melted cheddar, sliced avocado, lettuce, tomato, mayo, bacon & an egg cooked over medium 9.75



SANDWICHES

ALL SANDWICHES ARE SERVED WITH A SMALL ORDER OF SEASONED FRIES OR ANY AVAILABLE SIDE FROM OUR SQUARE MEALS SECTION AND A GARNISH OF SLAW AND PICKLES AVAILABLE BREAD SUBSTITUTIONS ARE WHITE, WHEAT, SUNFLOWER, SOURDOUGH, RYE, A BUN OR CIABATTA FOR GLUTEN-FREE BREAD ADD 1.45

ELMO'S TRIFECTA 1/2 POUND OF MEAT!

House roasted turkey, thinly sliced ham, melted Swiss, cheddar & provolone cheeses, cole slaw & 1000 Island dressing all piled high and served on grilled rye 9.70

CORNED BEEF OR TURKEY RUEBEN

House baked corned beef <u>or</u> house roasted turkey breast grilled on rye, with sauerkraut, two slices of melted Swiss cheese & 1000 Island dressing 8.95

VEGETARIAN GRILLED CHEESE

Cheddar, jack, sautéed mushrooms, grilled onion, tomato & fresh spinach on grilled sunflower bread 7.35

– With sliced avocado 8.35

TURKEY, JACK, AVOCADO & BACON

House roasted turkey breast, jack cheese, avocado, lettuce, tomato, red onion, bacon & our basil mayo on toasted sourdough 9.75

– Without the bacon 8.75

SALMON FILLET SANDWICH

A broiled marinated salmon fillet on a toasted bun with lettuce, tomato, & a side of homemade tartar sauce 12.00

CHICKEN GREEK GRILLED CHEESE

A warm pita stuffed with a grilled chicken breast, melted American & feta cheeses, diced cucumber, red onion, tomato & lettuce. Served with a side of our sour cream & herb dressing for dipping 9.75

VEGETARIAN GREEK GRILLED CHEESE

Sandwich above without the chicken 7.50

GRILLED HUMMUS A LITTLE SPICY!

Spicy hummus, red onion, tomato & cucumbers on grilled sunflower bread 6.95

NATURAL 100% BEEF HOT DOGS

All natural, all beef, no nitrites or nitrates, hormones or antibiotics!

Two hot dogs, spicy brown mustard, and diced onions. Served with our vegetarian chili with beans or sauerkraut 8.25

SALAD OF THE DAY

See our chalk boards for today's choice

A scoop of today's homemade salad (Chicken, Tuna, Turkey, Egg-they change!) with lettuce & tomato on your choice of bread. 7.35

GRILLED MEATLOAF SANDWICH

A hearty portion of our homemade meatloaf with melted provolone cheese on Ciabatta with lettuce, tomato, red onion and our fresh basil mayo 8.75

GRILLED CHICKEN SANDWICH

Marinated chargrilled chicken breast, lettuce, tomato, red onion and our fresh basil mayo on a toasted bun. 8.00

HOLIDAY TURKEY SANDWICH ALL YEAR!

A hearty portion of our house roasted turkey breast with melted Swiss cheese on toasted Ciabatta with our own cranberry orange relish- 8.75

ADD AVOCADO TO ANY ENTRÉE 1.00

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IN CARR MILL MALL 200 NORTH GREENSBORO STREET SUITE B 12 CARRBORO, NC 27510

919.929.2909

OPEN MONDAY-SUNDAY 6:30am -10:00pm

VEGAN & VEGETARIAN VERSION

BLUE COLRED FONTS = VEGAN

GREEN COLORED FONTS = VEGETARIAN

Owned by Cackleberry's Carrboro Incorporated. Operated by Little Blue Engine Management.

IF YOU HAVE SUGGESTIONS, COMMENTS, PRAISES OR COMPLAINTS WE INVITE YOU TO SPEAK WITH ONE OF OUR MANAGERS



THE FINE PRINT

We currently accept Cash, Mastercard, Visa, and Traveler's Checks.

WARNING!

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